

Yoga Teacher Candidate Questionnaire

Name _____ Age _____

Address _____

Phone number(s) _____

How did you learn about the teacher training program?

Please respond to the following questions. If you need to rewrite on a separate sheet of paper for more space, please do so. Tell me as much about yourself and your interests as you would like.

Mail the completed questionnaire:

Joanne VandenHengel
1350 Crucible Street
Pittsburgh PA 15220

Or email it to me :
joannevandenhengel@gmail.com

To reach me:
email me at: joannevandenhengel@gmail.com or call 412.849.5227

Please feel free to call or email with any questions

Namaste!
Joanne

1. What is your definition of a teacher?

2. What teachers in your life had the greatest impact on you. How? Why?

3. What are some teaching techniques you have encountered in any learning situation that you would like to incorporate in your teaching style?

4. What kind of learner are you?

5. What is your current occupation? How long have you been at this occupation? Do you like it? Is this training a career shift?

6. What is your goal for taking the teacher training? Why do you want to become a yoga teacher? Is there a special population you would like to work with?

7. Describe your personal yoga practice. What style(s) do you practice/teach?

8. Have you had any other yoga teacher training? Where? With whom?

9. Have you had training in any alternative healing techniques? What and with whom?

10. How has yoga affected your life?

11. Do you have a meditation practice? If so what?

12. Do you have any health concerns preventing you from fully participating in the yoga teacher training program?

13. Please tell me something more about yourself that you would like to share with me.